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NEVE, 1638.

A new Almanacke and Prognostication, with the forraigne Computation, serving for the yeere of our Lord God, and Saviour Iesus Christ, 1638.

Being the second after the Bissextile, or Leap-yeere.

Rectified for the Elevation of the Pole Artick, and Meridian of the ancient and famous City of Norwich: And may serve generally for the most parts of great Britaine.

Practised, penned, and published, by IOHN NEVE, Gentleman.

LONDON,
Printed by R. O. for the Company of Stationers.

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The Anatomy of Mans body, as the parts thereof are governed, by the 12. Celeſtiall Signes of the Zodiacke.

♈ Aries, Head and face.

♉ Taurus, Necke and throate.
♋ Cancer, Breſt, ſtomach and ribs.
♍ Virgo, Bowels and Belly.
♏ Scorpio, Secret members.
♑ Capricor. The knees.

♊ Gemini, Armes and ſhoulders.
♌ Leo, Heart and backe.
♎ Libra, Reines and Loynes.
♐ Sagitarius, The Thighs.
♒ Aquarius, The Legges.

♓ Piſces, The feet.

The Characters of the Signes, Planets, and Aſpects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capricornus, ♒ Aquarius, ♓ Piſces. ♄ Saturne, ♃ Iupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercurie, ☽ Luna. ☌ Conjunction, ⚹ Sextile, □ Quadrate, △ Trine, ☍ Oppoſition, ☊ Dragons head, ☋ Dragons tayle.

If thou be ſicke and help wouldſt have,
The Counſell of the learned crave:
If thou have health, to keep thee ſo,
Fly idlenes as deadly foe.

1	a	New yeer.da.	Sagit. 11	11	d	● New moone the 5. day, 19. min. after 5. of the clock in the morning.
2	b	Oct. Steph.	Sagit. 23	12	e	
3	c	Oct. John	Capri. 4	13	f	
4	d	Oct. Innoc.	Capri. 16	14	g	
5	e	Edward Mr.	Capric. 28	15	a	
6	f	Twelfe day	Aquar. 10	16	b	
7	g	Wed come in	Aqua. 22	17	c	
8	a	Lucian prieſt	Piſces 4	18	d	
9	b	Agapite virg	Piſces 16	19	e	
10	c	Sol in Aqua.	Piſces 28	20	f	☽ First quarter the 13. day, 25. min. after 5. of the clock in the morning.
11	d	Paul. 1. Her.	Aries 11	21	g	
12	e	Tecla. mar.	Aries 23	22	a	
13	f	Hillary biſh.	Taur. 7	23	b	
14	g	2. ſun. aft. epi.	Tau. 21	24	c	
15	a	Maurice Ab.	Gemi. 4	25	d	
16	b	Marcellus	Gemi. 18	26	e	
17	c	Anthony	Cane. 3	27	f	● Full moone the 19. day 44. min. after 10. of the clock at night.
18	d	Priſca virg.	Cane. 18	28	g	
19	e	Wolſtan biſh.	Leo 3	29	a	
20	f	Octab. Hilla.	Leo 18	30	b	
21	g	Agnes virg.	Virg. 3	31	c	
22	a	Vincent mar.	Virg. 18	1	d	February
23	b	Terme begin	Libra 2	2	e	Purif. of Mary
24	c	Timothy	Libra 16	3	f	
25	d	Con. of Paul	Scorp. 0	4	g	
26	e	Polycarp	Scorp. 13	5	a	☾ Laſt quarter the 26. day, about 8. of the clock at night.
27	f	Julian biſh.	Scorp. 25	6	b	
28	g	Quind. Hilla.	Sagit. 7	7	c	
29	a	Valerius bi.	Sagit. 20	8	d	
30	b	Batild Quee.	Capri. 1	9	e	
31	c	Saturn 8 h.	Capri. 13	10	f	

Be choiſe of food in any wiſe,
To keep thee warm alſo preciſe:
Beware no Surgeon let thee blood,
Except the learned think it good.

1	d	Brigit. Faſt	Capri.	25	11	g	● Newe moone the 4. day, 22. min. before one of the clocke in the morning.
2	e	Purifi. of Mary	Aquar.	7	12	a	
3	f	Blaiſe biſho.	Aqua.	19	13	b	
4	g	Shrovetuneday	Piſces	1	14	c	
5	a	Gilbert con.	Piſce.	13	15	d	
6	b	Dorothy virg	Piſce.	25	16	e	
7	c	Angule biſh..	Aries	8	17	f	
8	d	Paul Biſho	Aries	21	18	g	
9	e	Sol in Pices	Taur.	3	19	a	☽ Firſt quarter the 11. day, 6. min. after 5 of the clocke at night.
10	f	Scholaſt. vir.	Taur.	17	20	b	
11	g	1. ſun. in lent	Gemin.	0	21	c	
12	a	Terme ends	Gemi.	14	22	d	
13	b	Wolfron biſh.	Gemi.	28	23	e	
14	c	Ember weeke	Canc.	12	24	f	Mathias Apoſtle.
15	d	Valen. 14. da.	Canc.	27	25	g	
16	e	Julian virg.	Leo	11	26	a	● Full moone the 18. day, 53. min. after 8. of the clocke in the morning.
17	f	Polycron biſh	Leo	26	27	b	
18	g	2. ſund. in lent	Virgo	11	28	c	
19	a	Sabine priеſt	Virgo	26	1	d	
20	b	Wulfred virg.	Libra	10	2	e	
21	c	69. Martyrs	Libra.	25	3	f	March 1638.
22	d	Cath. S. Pet	Scor	8	4	g	
23	e	Polycar. Faſt	Scor.	21	5	a	
24	f	Mathias Apo.	Sag.	4	6	b	
25	g	3. ſund. in lent	Sagit.	16	7	c	☾ Laſt quarter the 25. day, 16. min. after one of the clocke in the afternoone.
26	a	Alexand. biſh.	Sagit.	28	8	d	
27	b	Auguſt biſh.	Canc.	10	9	e	
28	c	Oſw. Biſh.	Capri.	22	10	f	

Now bleed and Bathe if thou desire,
And purge also, if need require:
Ill humours do in many breed,
Provide in time before thou need.

1	d	David bish.	Aquar.	3	11	g	● New moone the
2	e	Chad bish.	Aquar.	15	12	a	5. day, 37. min. after
3	f	Maurice	Aquar.	27	13	b	5. of the clocke at
4	G	4. sun. in Lent	Pisces	9	14	C	night.
5	a	Focas & Eu	Pisces	21	15	d	
6	b	Victor & vict.	Aries	4	16	e	
7	c	Perpetue.	Aries	17	17	f	
8	d	Felix. mar.	Taur.	0	18	g	
9	e	40. martiers	Taur.	14	19	a	
10	f	Sol in Aries	Taur.	27	20	b	☽ First quarter the
11	G	5 sun. in Lent	Gemi.	10	21	C	13. day, 50. min. af=
12	a	Gregory	Gemi.	24	22	d	ter one of the clocke
13	b	Euphragia	Canc.	8	23	e	in the morning.
14	c	Peter mart.	Canc.	22	24	f	
15	d	Longine ma.	Leo	6	25	g	Annunci. of Mary
16	e	Boniface bish	Leo	21	26	a	
17	f	Patrick bish.	Virgo	5	27	b	○ Full moone the
18	G	Palme sunday	Virgo	20	28	C	19. day, 15. min. af=
19	a	Joseph m hus	Libra	4	29	d	ter 7. of the clocke at
20	b	Cutbert bish.	Libra	19	30	e	night.
21	c	Benedict	Scorp.	3	31	f	
22	d	Affrodoss bi.	Scorp.	16	1	g	Aprill 1638.
23	e	Theodore bi.	Scorp.	29	2	a	
24	f	Agapite virg.	Sagit.	12	3	b	
25	G	Easter day	Sagit.	24	4	C	Easter day
26	a	Castor mart.	Capric.	6	5	d	
27	b	Init. R. Char.	Capri.	18	6	e	☾ Last quarter the
28	c	Dorothy vir.	Capri.	29	7	f	27. day, 13. min. af=
29	d	Victor mart.	Aquar.	12	8	g	ter 8. of the clocke
30	e	Quirine mar	Aqua.	23	9	a	in the morning.
31	f	Adelme bish.	Pisces	5	10	b	

Now wholesome Bathes thou mayst frequent,
Let blood also, and not repent:
These be good meanes thee to defend
From griefes, the which on thee attend.

1	G	1. sun. aft. east	Pisce.	18	11	E	● New moone the 4. day, 37. min. after 7. of the clock in the morning.
2	a	Wed. come in	Aries	0	12	b	
3	b	Richard bish	Aries	13	13	c	
4	c	Ambrose bish	Aries	27	14	d	
5	d	Martian	Taur.	10	15	e	
6	e	Sextus bish.	Tau.	23	16	f	
7	f	Egisippus	Gemin.	7	17	g	
8	G	2. sun. aft. east.	Gemi.	21	18	a	
9	a	Perpetu bish.	Cancer	5	19	b	☾ First quarter the 11. day, 27. min. after 8. of the clocke in the morning.
10	b	Sol in Taurus	Canc.	15	20	c	
11	c	Terme begin	Leo	3	21	d	
12	d	Iuly confess.	Leo	17	22	e	
13	e	Eufeme virg.	Virgo	1	23	f	
14	f	Tiburt mart.	Virg.	15	24	g	
15	G	3. sun. aft. east.	Virgo	29	25	a	
16	a	Isidore mart.	Libra	13	26	b	
17	b	Anicet mart.	Libra	27	27	c	Marke Evang.
18	c	Valerian	Scorp.	11	28	d	
19	d	Tyberge arch	Scorp.	24	29	e	● Full moone the 18. day, about 6. of the clock in the morning.
20	e	Victor mart.	Sagit.	7	30	f	
21	f	Simeon bish.	Sagit.	20	1	g	
22	G	Mens. Paschæ	Capri.	2	2	a	May 1638.
23	a	S. George	Capri.	14	3	b	
24	b	Wilfrid cor.	Capri.	26	4	c	☾ Last quarter the 26. day, 7. min. after 3. of the clocke in the morning.
25	c	Marke Evan.	Aquar.	8	5	d	
26	d	Clement ma.	Aqua.	19	6	e	
27	e	Anastasius b.	Pisc.	1	7	f	
28	f	Vitalis mart.	Pisces	13	8	g	
29	G	Rogation sun	Pisces	26	9	a	Rogation Sunday
10	a	Wed. goe out	Aries	8	10	b	

Riſe early now this moneth of May,
And walk the fields that be ſo gay:
From ſurfetting ſee thou refraine,
For ſoon it will procure thy paine.

1	b	Philip & Iacq	Aries	21	11	e	● New moone the
2	c	Athanaſius	Taur.	5	12	f	3. day, 48. min. af-
3	d	Aſcention da	Taur.	18	13	g	ter 6. of the clocke in
4	e	Floſian	Gemi.	2	14	a	the afternoone.
5	f	Godard biſh.	Gemi.	17	15	b	
6	G	5. ſun. aft. eaſt.	Canc.	1	16	C	
7	a	Terme ends	Canc.	15	17	d	
8	b	Appa. S. M.	Canc.	29	18	e	☽ Firſt quarter the
9	c	Tranſ. of Mi.	Leo	14	19	f	10. day, 55. min. af-
10	d	Gordian	Leo	28	20	g	ter one of the clocke
11	e	Sol in Gemi	Virgo	12	21	a	in the afternoone.
12	f	Nereus	Virgo	26	22	b	
13	G	Whitſunday	Libra	9	23	C	Whitſunday
14	a	Boniface M.	Libra	23	24	d	
15	b	Iſidore Ma.	Scor.	6	25	e	● Full moone the
16	c	Ember weeke	Scorp.	20	26	f	17. day, 7. min. after
17	d	Tranſ. of B.	Sagit.	3	27	g	6. of the clocke at
18	e	Dioſc. mart.	Sagit.	15	28	a	night.
19	f	Dunſton Ar.	Sagi.	28	29	b	
20	G	Trinity ſund.	Capri.	10	30	C	Trinity ſunday
21	a	Wed. come in	Capri.	22	31	d	
22	b	Julian virg.	Aqua.	4	1	e	Iune 1638.
23	c	Deſider. mar	Aqua.	16	2	f	
24	d	Tranſ. of Fr	Aqua.	27	3	g	
25	e	Terme begin	Piſces	9	4	a	☾ Laſt quarter the
26	f	Augu. of En	Piſc.	21	5	b	25. day, 25 min. af-
27	G	1. ſun. af. trin.	Aries	3	6	C	ter 8. of the clocke at
28	a	Germane biſh	Aries	16	7	d	night.
29	b	Cozon mart.	Aries	29	8	e	
30	c	Felix biſh.	Taur.	13	9	f	
31	d	Petronill vir	Taur.	27	10	g	

Drinke new or ſweet, taſte not at all,
For thereby growes no danger ſmall:
And to thy ſelf ſuch paſtime take,
As may in God thee merry make.

1	e	Nichom. mar.	Gemi. 1	11	a	●	New moone the 2. day, 54. min. after 3. of the clocke in the morning.
2	f	Marcellus	Gemi. 25	12	b		
3	g	2. fun. aft. tri.	Cancer. 10	13	c		
4	a	Quind. Trini.	Can. 25	14	d		
5	b	Boniface ma.	Leo 9	15	e		
6	c	Melon. Arch	Leo 24	16	f		
7	d	Tran. of wol	Virgo 8	17	g		
8	e	William Arc	Virgo 22	18	a	☽	First quarter the 8. day, 35. min after 7. of the clocke at night.
9	f	Trans of Ed	Libra 6	19	b		
10	g	3. fun. aft tri	Libra 20	20	c		
11	a	Tres Trini.	Scorp. 3	21	d		
12	b	Sol in Cancer	Scor. 16	22	e		
13	c	Terme ends	Scor. 29	23	f		
14	d	Valerius ma.	Sagit. 12	24	g		John Baptiſt
15	e	Vitus mode.	Sagit. 24	25	a		
16	f	Trans of Mic	Capric. 6	26	b	●	Full moone the 16. day, 37. min. after 7. of the clocke in the morning.
17	g	4. fun aft trin	Capri. 18	27	c		
18	a	Marcelline	Aquar. 0	28	d		
19	b	Gervaſ	Aquar. 12	29	e		
20	c	Tranſ of Ed	Aquar. 24	30	f		
21	d	Aulburg vic.	Piſces 6	1	g		July 1634.
22	e	Alban. mart	Piſces 18	2	a		
23	f	Etheldr. Faſt	Piſces 29	3	b		
24	g	John Baptiſt	Aries 12	4	c	☾	Laſt quarter the 24. day, 30 min. after 11. in the forenoone.
25	a	Trans of Ele.	Aries 25	5	d		
26	b	John & Paul	Taur. 8	6	e		
27	c	Crescent ma.	Taur. 21	7	f		
28	d	Leo bish. Faſt	Gemin. 5	8	g		
29	e	Peter Apoſtle	Gemin. 19	9	a		
30	f	Tran of Paul	Canc. 4	10	b		

Perfume thy house with sauours sweet,
But such as are for purpose meet:
Abroad as thou in streets doest goe,
Defend thy selfe from stincks also.

1	G	6. sun. aft. tri.	Cancr.	18	11	C	● New moone the first day, 45. min. after 11. of the clocke in the forenoone.
2	a	Visita. of M.	Leo	4	12	d	
3	b	Tran. of Tho	Leo	19	13	e	
4	c	Transl. of M.	Virg.	4	14	f	
5	d	Joe virgin.	Virg.	18	15	g	
6	e	Octa. of Pet.	Libra	3	16	a	☽ First quarter the 8. day, 38. min. after 2. of the clocke in the morning.
7	f	Mart. alts	Libr.	16	17	b	
8	G	7. sun. aft. trin.	Scorp.	0	18	C	
9	a	Cirill bish.	Scorp.	13	19	d	
10	b	7. Brethren m	Scorp.	26	20	e	
11	c	Tran. of Be.	Sagit.	8	21	f	● Full moone the 15 day, 25. min. after 10. of the clocke at night.
12	d	Mab. & Felix	Sagit.	21	22	g	
13	e	Sol in Leo	Capr.	3	23	a	
14	f	Divus mart.	Capr.	15	24	b	
15	G	Tran. Swit.	Capr.	27	25	C	James Apostle
16	a	Transl of Ol	Aqua.	9	26	d	
17	b	Kenelm. Kin.	Aqua.	21	27	e	
18	c	Arnolph mar.	Pisces		28	f	☾ Last quarter the 23. day, about mid-night.
19	d	Dog dayes be.	Pisces	14	29	g	
20	e	Margret vir.	Pisces	26	30	a	
21	f	Peare virgin	Aries	9	31	b	
22	G	9. sun. aft. trin.	Aries	21	1	C	August 1638.
23	a	Appollon: m.	Taur.	3	2	d	
24	b	Christ. vi. Fast	Taur.	16	3	e	
25	c	James Apostle	Gemi.	0	4	f	
26	d	Vn. mo. of M.	Gemi.	13	5	g	● New moone the 30. day, about 7. of the clocke at night.
27	e	7. Sleepers	Gem.	27	6	a	
28	f	Samson bish.	Can.	12	7	b	
29	G	10. sun. aft. tri.	Canc.	27	8	C	
30	a	Abdon & Se.	Leo	12	9	d	
31	b	German bish.	Leo	27	10	e	

August hath xxxj. dayes.

As burning heat will thee destroy,
So shivering cold will thee annoy:
Let little sleep thee now content,
Purge not nor bleed, least thou repent.

1	c	Lammas day	Virgo	12	11	f	☽ First quarter the 6. day, 20 min. after high noone.
2	d	Stephen bish	Virg.	27	12	g	
3	e	Invent. Ste.	Libra	12	13	a	
4	f	Justine priest	Libra	26	14	b	
5	G	11. sun. aft. tri.	Scorp.	10	15	C	
6	a	Transfigura.	Scorp.	23	16	d	
7	b	Feast of Jes.	Sagit.	5	17	e	● Full moone the 14. day, 20. min. after 2. of the clocke in the afternoone.
8	c	Ciriacke mar	Sagit.	18	18	f	
9	d	Roman mart.	Capri.	0	19	g	
10	e	Laurence ma.	Capric.	12	20	a	
11	f	Tiburt mart.	Capri.	24	21	b	
12	G	12. sun. af. tri.	Aqua.	6	22	C	
13	a	Sol in Virgo	Aqua.	18	23	d	
14	b	Eusebius	Pisces	0	24	e	Bartholomew Apo.
15	c	Assum. Mary	Pisces	11	25	f	
16	d	Roch mart.	Pisces	23	26	g	☾ Last quarter the 22. day, 48. min. after 10. of the clocke in the forenoone.
17	e	Octa. Lawre	Aries	6	27	a	
18	f	Agapit mart.	Aries	18	28	b	
19	G	13. sun. af. tri.	Taur.	0	29	C	
20	a	Lodowi. con.	Taur.	13	30	d	
21	b	Bernard con.	Taur.	26	31	e	
22	c	Octa assump.	Gemi.	9	1	f	September
23	d	Timothy Fast	Gemi.	22	2	g	
24	e	Barthol. Apo	Canc.	6	3	a	
25	f	Lewes King	Canc.	21	4	b	
26	G	Dog dayes en.	Leo	5	5	C	
27	a	Ruphin mar.	Leo	20	6	d	● New moone the 29. day, 34. min. after 2. of the clock in the morning.
28	b	August bish.	Virgo	6	7	e	
29	c	John behead	Virgo	21	8	f	
30	d	Felix and Ba	Libra	6	9	g	
31	e	Cathburg vi.	Libr.	20	10	a	

Raw fruit though ripe, may ſickneſs bring,
Vnripe much eaten a dangerous thing:
If now a ſurfet thou doſt take,
When others ſleep, then thou muſt wake.

1	f	Egidius Bb.	Scorp.	5	11	d	☽ Firſt quarter the 5 day, about 2. of the clocke in the morning.
2	g	15 ſun. ak. tri.	Scorp.	18	12	e	
3	A	Gregory	Sagit.	2	13	f	
4	b	Era. of Cut.	Sagit.	14	14	g	
5	c	Herculus	Sagit.	27	15	a	
6	d	Magnus	Capric.	9	16	b	● Full moone the 13 day, 18. min. after 6 of the clocke in the morning.
7	e	Gorgon	Capri.	21	17	c	
8	f	Nat. of Ma.	Aquar.	3	18	d	
9	G	16 ſun. ak. tri.	Aquar.	14	19	e	
10	a	Nicho. us biſh.	Aquar.	26	20	f	
11	b	Martinian b.	Piſces	8	21	g	Mathew Apoſtle
12	c	Nicho. & Ia.	Piſces	20	22	a	
13	d	Sol in Libra	Aries	2	23	b	
14	e	Exalt. of Cro	Aries	15	24	c	☾ Laſt quarter the 20. day, 52. min. after 7. of the clocke at night.
15	f	Octa of Ma.	Aries	27	25	d	
16	G	17. ſun. ak. tri.	Taur.	10	26	e	
17	a	Lambert ma	Taur.	23	27	f	
18	b	Vict. & Cor.	Gem.	6	28	g	
19	c	Ember weeke	Gem.	15	29	a	Michael Arch.
20	d	Euſtatij	Faſt	Canc.	2	30	b
21	e	Mathew Apo.		Cancer	16	1	c
22	f	Mauricc & bi.		Leo	0	2	d
23	G	18. ſun ak tri.		Leo	15	3	e
24	a	Andoch mart.		Leo	29	4	f
25	b	Firmin biſh.		Virgo	14	5	g
26	c	Cipri. & Iuſt		Virg.	29	6	a
27	d	Coſme & Da		Libra	14	7	b
28	e	Exuper biſh.		Libra	28	8	c
29	f	Michael Arc.		Scor.	13	9	d
30	G	19. ſun. ak. tri.		Scorp.	26	10	e

Oct. ber

● New moone the 27. day, 24 min. after 11. of the clocke in the forenoone.

Warme clothes muſt now provided be,
Alſo warme meats be good for thee:
Have good regard thy feet be dry,
Thou ſhalt avoyd much harme thereby.

1	a	Remigius bi.	Hagit.	10	11	d	☽ Firſt quarter the 4. day, 19. min after 7. of the clocke at night.
2	b	Leodegar bi.	Hagit.	23	12	e	
3	c	Candide ma.	Capri.	5	13	f	
4	d	Francis conf.	Capri.	17	14	g	
5	e	Apolina: ma.	Capri.	29	15	a	
6	f	Fayth virgin	Aquar.	11	16	b	
7	G	Octab. Mich.	Aqua.	23	17	c	
8	a	Pelagie virg	Piſces	5	18	d	Luke Evangeliſt.
9	b	Terme begin	Piſces	17	19	e	
10	c	Gereon biſh.	Piſces	29	20	f	● Full moone the 12. day, 54. min. after 9. of the clocke at night.
11	d	Burchade	Aries	11	21	g	
12	e	Wilfrid vir.	Aries	24	22	a	
13	f	Tranſ. of Ed.	Taur.	6	23	b	
14	G	Sol in Scorpio	Taur.	19	24	c	
15	a	Wolfron biſh.	Gemi.	3	25	d	
16	b	Mich. mount	Gemi.	16	26	e	
17	c	Etheldred	Gemi.	29	27	f	
18	d	Luke evange.	Canc.	13	28	g	Simon and Iude
19	e	Frideſwide. bi	Canc.	27	29	a	☾ Laſt quarter the 20. day about 4. of the clocke in the morning.
20	f	Tres Michael	Leo	11	30	b	
21	G	22. ſun. af. tri.	Leo	25	31	c	
22	a	Mary Salo	Virgo	9	1	d	November
23	b	Roman. conf.	Virg.	24	2	e	
24	c	Magloyr con	Libra	8	3	f	
25	d	Criſpine cri.	Libra	23	4	g	● New moone the 16. day, 40. min. after 10. of the clocke at night.
26	e	Evariſt.	Scor.	7	5	a	
27	f	Florence Faſt	Scorp.	21	6	b	
28	G	Simon & Iud	Sagit.	4	7	c	
29	a	Marcill. mar	Sagit.	18	8	d	
30	b	German biſh.	Capri.	0	9	e	
31	c	Quintin Faſt	Capri.	12	10	f	

November hath xxx. dayes.

If Rheumes do now moleſt thy head,
It is not ill to ſweat in bed:
Feed on good meats if ſtomacke ſerve,
Elſe ſeek for that which doth preſerve.

1	d	All Saints	Capri.	25	11	g	☽ Firſt quarter the
2	e	All Soules	Aquar.	7	12	a	3 day, 43. min. after
3	f	Craſt. animar	Aqua.	19	13	b	3 of the clocke in the
4	G	24. ſun. aft. tri.	Piſces		14	C	after noone.
5	a	Gunpow. tre.	Piſce.	13	15	d	
6	b	Leonard	Piſce.	25	16	e	● Full moone the
7	c	Willibor de ar.	Aries	7	17	f	11. day, 51. min. af-
8	d	4 Ceo wned.	Aries	19	18	g	ter high noone.
9	e	Th. ore M	Taur.	2	19	a	
10	f	Bennet.	Taur.	15	20	b	
11	G	Martin biſh	Taur.	28	21	C	☾ Laſt quarter the
12	a	Sol in Sagita.	Gemi.	12	22	d	18. day, 42. min. af-
13	b	Brice conf.	Gemi.	26	23	e	ter 11. of the clocke
14	c	Tra. of Grk.	Cance.	10	24	f	in the forenoone.
15	d	Leopold.	Canc.	24	25	g	
16	e	Depo. of Od.	Leo	8	26	a	
17	f	Hugh conf.	Leo	22	27	b	
18	G	Octab. Marti.	Vir.	6	28	C	Advent Sunday
19	a	Elizabeth	Virg.	20	29	d	
20	b	E. mon. King	Libra	4	30	e	Andrew Apoſt.
21	c	Preſ. of Mar	Libra	18	1	f	December
22	d	Cecili virgin	Scorp.	2	2	g	
23	e	Clement mar	Scorp	16	3	a	
24	f	Griſogon ma.	Scorp.	29	4	b	● New moone the
25	G	Quind. Mart.	Sagit.	13	5	C	25 day, 44. min. af-
26	a	Linus mart.	Sagit.	26	6	d	ter high noone.
27	b	Agricola.	Capri.	8	7	e	
28	c	Terme ends	Capric.	21	8	f	
29	d	Saturne Faſt	Aqua.	3	9	g	
30	e	Andrew Apo.	Aqua.	15	10	a	

Now cold December is come in,
And poore mans back is clothed thinne:
Feed and cloth them as you may,
The Lord will it threefold repay.

1	f	Eligius conf.	Aqua.	27	11	b	☽ First quarter the 3. day, 16. min. after one of the clocke in the afternoon.
2	G	Advent sunda	Pisces	9	12	c	
3	a	Wed. goe out	Pisc.	21	13	d	
4	b	Osmund con	Aries	3	14	e	
5	c	Sabba abbas	Arie.	15	15	f	
6	d	Nicholas bish	Aries	27	16	g	
7	e	Octa Andrew	Tau.	10	17	a	
8	f	Con. of Mar.	Taur.	23	18	b	● Full moone the 11. day, 30. min. after 2. of the clocke in the morning.
9	G	2. sun. in adv	Gemin.	6	19	c	
10	a	Eulaly virg.	Gemi.	20	20	d	
11	b	Damas. conf.	Cancer	4	21	e	
12	c	Sol in Capri.	Cance.	19	22	f	
13	d	Lucy virg.	Leo	3	23	g	
14	e	Otholy virg.	Leo	18	24	a	Christmas day
15	f	Valerius con.	Virgo	3	25	b	Saint Stephen
16	a	3. sun. in adv	Virgo	17	26	c	Iohn Evangelist
17	G	Lazarus con	Libra	1	27	d	Innocents
18	b	Gratian bish	Libra	15	28	e	
19	c	Ember weeke	Libra	29	29	f	☾ Last quarter the 17. day, about 8. of the clock at night.
20	d	Wenifr. virg.	Scor.	12	30	g	
21	e	Thom. Apost.	Scor.	26	31	a	
22	f	30. Martyrs	Sagit.	9	1	b	
23	G	4. sun. in adve	Sagit.	22	2	c	January 1639.
24	a	Claudy Fast	Capric.	4	3	d	
25	b	Christmas da	Capri.	17	4	e	● New moone the 25. day, 38. min. after 5. of the clocke in the morning.
26	c	St. Stephen	Capri.	29	5	f	
27	d	John Evange.	Aquar.	11	6	g	
28	e	Innocents	Aqua.	23	7	a	
29	f	Thom. Becke.	Pisces	5	8	b	
30	G	Transl. of Ja	Pisces	17	9	c	
31	a	Silvester ma	Pisces	29	10	d	

Neve. 1638.

A Prognostication, serving for the yeere of our Lord God and Saviour *Iesus Christ*, 1638.

Wherein you may observe the grounds of the alteration and condition of the 4 Quarters of this yeere: As also the disposition of the Ayre, for each severall moneth, according to the inclination of the Cœlestiall bodies, with the change of the Moone, her full, and quarters, and the time of the Eclipses, and other necessary observations, convenient in such a Worke to be noted.

Calculated, and especially referred, to the Longitude and Elevation of the Pole Article of the ancient and famous Citie of *Norwich*, and may *serve for all England.*

Collected and published by John Neve, *Gent.*

Imprinted at *London* for the Company of *Stationers.* 1638.

A neceſſary Rule, for the beginning and ending of the 4 Termes, with their Returnes.

Hillarie Terme begins *Ianuary* 23. and endeth *Febr.* 12. and hath 4 Returnes.

Octab. Hilar.	Ian. 20	Craſt. Purif.	Feb. 3
Quind. Hilar.	Ian. 27	Octab. Purif.	Feb. 9

Eaſter Terme begins *April* 11. and endeth *May* 7. and hath 5 Returnes.

Quind. Paſch.	Apr. 8	Quinq; Paſch.	Apr. 29
Tres Paſch.	Apr. 15		
Menſe Paſch.	Apr. 22	Craſt. Aſcen.	May 6

Trinitie Terme begins *May* 25. and endeth *June* 13. and hath 4. Returnes.

Craſt. Trin.	May 21	Quind. Trin.	Iune 3
Octab. Trin.	May 27	Tres Trin.	Iune 10

Michaelmas Terme begins *October* 9. and endeth *November* 28. and hath 8 Returnes.

Octab. Mich.	Octob. 6	Craſt. Anim.	Nov. 3
Quind. Mich.	Octo. 13	Craſt. Mart.	Nov. 12
Tres Mich.	Octo. 20	Octab. Mart.	Nov. 18
Menſe Mich.	Octo. 27	Quind. Mart.	Nov. 25

Note that the Exchequer openeth 8 dayes before any Terme begins, except *Trinitie* Terme, in which it openeth 4 dayes before.

On theſe dayes following, the Iudges ſit not at *Weſtminſter*.

In { *Hillarie* / *Eaſter* / *Trinitie* / *Micha.* } Terme on { *Candlemas* / *Aſcention* / *Midſummer* / *Alholland* } Day.

Certaine profitable Rules and brief obſervations, concerning Husbandry.

The beſt time to ſowe all kinde of Corne, is when the Moone goeth her courſe in Cancer.

The beſt time to plant and graft, when the Moone is in a fixed ſigne, eſpecially in Taurus, or Aquarius, and in the increaſe of the Moone, which is betweene the change and the full.

To ſet and ſowe all kinde of Seedes, the Moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Tymber to build withall, when the Moone is towards the laſt quarter, ſhe being then in Aquarius or Piſces.

Crop Trees, and fell Wood to burne, that the ſtocks may the better and ſooner grow againe, when the Moone is in her firſt quarter.

Remove & ſet yong Trees in the laſt quarter of the Moone, in Taurus, or Capricornus, & that in the months of September, October, November, and February.

The beſt time to geld Cattell, the Moone being in Aries, Sagittarius, or Capricornus.

The beſt time to cut Vines, is in February or March, the Moone increaſing, in Taurus, Virgo, or Libra.

The beſt time to ſheare ſheepe, is in the increaſe of the Moone, that is, from the Change to the Full.

To cut haire, that it may the ſooner grow againe, the Moone increaſing, in Taurus, Virgo, or Libra.

To muck your land, that the weeds may not grow thereby, is in the decreaſing of the Moone, that is, from the Full to the Change.

Of the Eclipſes which ſhall happen this preſent yeere of our Lord God, 1638.

There will this yeere be preſented unto the view of the inhabitants of the Earth, five Eclipſes, three of the Sunne, & two of the Moon, whereof the latter only of the Moon, will viſibly appear in our Horizon.

Of the first Eclipse.

There will visibly appeare a great Eclipse of the Sunne, unto the people that inhabit towards the East from us, as in the Kingdome of China, Tartaria, India, Persia, &c. whose longitude is 124. degrees, and North latitude 49. degrees upon the 15 day of January in the Gregorian yeere but after our computation, on the 5 day of January, at which time both the great Lights shall be conjuncted, neer the head of the Dragon, about the 24. degrees of Capricornus, in a signe of the earthly Triplicity, cold and dry. The degrees eclipsed, will be 11 and 30. min. The totall duration will be 3. houres and 34 min.

Of the second Eclipse.

Upon the 26 of June in the Gregorian yeere, but with us on the 16 of June, shall happen a great Eclipse of the Moon unto those Inhabitants which live towards the Westerne parts from us, whose longitude is 280 degrees, the Moon being opposite to the Sun about the 4. degree of Capricornus, not farre from the Dragons head, in a signe of the earthly Triplicity, cold and dry. The degrees eclipsed shall be 16 and 38 min. The whole continuance will be 3. houres and 59 min.

Of the third Eclipse.

There shall happen another great Eclipse of the bright Globe of the Sunne unto the Inhabitants, which are situated in the Southerne parts, neere the Straights of Magellaine and the Gulfe of Sebastian, being in the 60 degrees of the Southerne latitude, upon the 11 of July in the Julian yeere, but according to our account, the 1 of July, the Luminaries being conjuncted about 18 degrees of Cancer, not farre from the Dragons tayle, in a signe of the watry Triplicitie, naturally cold and moist: The Moone 03 degrees eclipsed 10 and 14 min. From the beginning to the end will be 2 hou. and 18 min.

Of

Of the fourth Eclipse.

Upon the 5 of December, in the Gregorian yeere, but after our Computation the 25. of November, shall appeare another small Eclipse of the Sunne, about or under the Pole Antarticke, in the Land of Magellanica unto the Inhabitants.

Of the fifth Eclipse.

There shall appeare another great Eclipse of the Moon in our Horizon, upon the 11 day of December 30 min. after 2 of the clocke in the morning according to our English Computation, Hee being at that instant placed in the third face of Gemini, and diametrally opposite unto the Sun, neere the tayle of the Dragon, in a signe of the Aire Triplicitie, naturally hot and moist, of Complexion Sanguine, Masculine, Occidentall, the common house by day of Mercury. The points or degrees eclipsed 19 and 41 min. The totall duration, from the beginning to the ending, shall be 3 houres and 59 min.

Briefe Rules and necessary Observations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moon.

When the weather is extreme hot or cold, it is not then convenient, eyther to let blood, or to purge, unlesse some great necessity doe require it: yet notwithstanding, if this blood-letting be for the Phrensie, Apoplexie, or a continuall head-ach proceeding of choler or blood, or any hot burning Fever, or other extrem paine, a man in such a case may not tarry a chosen time, because the Patient might miscarry in the meane season: But in this foresaid case

of extremitie, blood is not to be let in such a quantitie as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the melancholy, the Moon being in Libra, or Aquarius, the buttocks and legges excepted.

For the Choleriche, the Moon being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the sanguin, all be good which before is named.

In Spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

Bathings are commonly used rather for pleasure than for profit, especially where Hot-houses are over-much hanted, but I mind not to speak of them, otherwise than to advertise those that tender their owne health, to be wary and circumspect in resorting unto them without cause, and immediately after or with such persons as bee uncleane. Know that it is not good to Bath, the ☽ being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is because they are of a cold and dry nature, and the nature of cold is to restrain and bind, and so the ☽ being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humors and superfluities, which by bathing ought to be avoided. But in fiery signes, as when the ☽ is in Aries, Leo, or Sagittarius, then it is good time for Bathing, for then the body is apt to resolution, for it is the nature of heat to open and resolve.

It is best Bathing 2 or 3 dayes after the change, and at the full of the ☽, for then the superfluities are ripe, and ready to avoid, and disposed to flow & issue out, which is indeed the end and use of Bathing.

If

If any will enter into the Bath for cleannesse sake, let the Moon be in Libra, or Pisces.

Furthermore, if Bathing be used for health, let the party grieved learn of the wise Physician, whether his sicknesse hath need of moistning, or drying, for if it require moistning, as in Pthisis, and such like, then let him Bath in watry signes, having good aspects of Iupiter, or Venus: but if the sicknesse require drying, as in Paralysis, and the like, then let him Bath, the Moone being in fiery signes, having good aspects of Mars and the Sun.

Also before you enter into any Bath, your body must be first purged, for if you go in unprepared & unpurged, peradventure you may be worse than before.

The best time of the yeer to bath in, is ♄ Spring and Harvest, & in the months of May and September.

The best time of the day to goe into the Bath, is one houre after the Sun-rising at the least, alwayes provided, that you walke either an houre or halfe an houre before, and have a stoole either by Nature or Art: you must cover your head well, so long as you be in the Bath, and beware you drinke not cold drink although you be very thirsty, but forbeare all things that be cold, lest when you are hot within, cold strike suddenly into some principall member, and so hurt you.

The time of tarrying in the Bath, is commonly one houre, but it may be more or lesse, according to the nature of the Bath, or sicknesse of the partie, at the discretion of the wise Physician.

For Purging.

In Purging, these 5 things ought to be known.

1. The humour which aboundeth.
2. The best way to avoid it.
3. The strength of the person.
4. The manner of the sicknesse.
5. The force & nature of the medicine.

For when these things are not considered and observed, many perilous accidents may follow, and greatly hurt and grieve the body.

Good signes for Purging generally, are Cancer, Scorpio and Pisces.

Particularly with potions or drinks, the ☽ being in Scorpio.

Purge with Electuaries, the ☽ being in Cancer.

Purge with Pills, the ☽ being in Pisces.

Take Preparatives, ☌ ☽ being in Gem. Lib. Aquar.

Take Vomits, ☌ ☽ being in Aries, Taurus, Capric.

Take Gargarises, ☌ ☽ being in Aries, Canc. Capric.

Take Glisters, the ☽ being in Libra, or Scorpio.

To provoke neezings, ☌ ☽ being in Canc. Leo, Libr.

To stop Fluxes, Rhumes and Laxes, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the ☽ being in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestive, the ☽ being in Gemini, Libra, or Aquarius.

Good to comfort the vertue Retentive, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the ☽ being in Cancer, Scorpio, or Pisces.

For using Unguents or Plaisters, it is best to be applyed when the ☽ is in that signe which governeth the same member or part of the body to which it is applyable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: The naturall Sweat, if good heed be taken, in opening of the pores will dissolve grosse and thicke humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humours, qualifie and quench raging

Fevers,

Fevers, will helpe numbneſſe and the Dropſie.

The Artificiall Sweat, will cleanſe ſcabs, put away itch, amend bulnes in the hearing, eaſe ỹ ſtone, reſolve congealed & cold melancholy blood & humors.

But for the better performing, and effectuall working in theſe cauſes, the counſell of the learned Phyſician is to be deſired and uſed. The beſt and meeteſt ſignes to ſweat in, are Aries, Leo, & Sagittarius, and that two or three dayes after the change, and at the full of the Moone.

And note that ſweating is better to be done in the evening than in the morning, for when the body hath nouriſhment within, the ſpirits ſhall not be drawne utterly forth to the extreme parts.

Note further, that leane folkes and dry and feeble perſons, muſt ſweat little, for it will hurt them much, but fat folkes may ſweat well, and it will doe them much good.

A brief Deſcription of the foure Quarters of this yeere of our Lord God, 1638.

Of Winter.

WInter, (which is the chiefeſt capitall foe for the Spring, the diſgrace of Summer, and the deep devourer of the fruitfull Harveſt) began to take his effects according to our uſuall computation the 11 of December in the yeere aforegoing, at the firſt entrance of the Sun, into the firſt minute of the ſigne Capricorne, at which time the Sunne ſhall be at his greateſt South declination from the Equinoctiall line, ſo that he riſeth South-eaſt, & ſetteth South-weſt. Now is the Hiemall or Winter Solſtice, for the Sun is ſo far removed from our Zenith or verticall point, that he cannot decline any further, and ſtands at a ſtop or ſtay, and then is the ſhorteſt day and longeſt night in the yeere, and ſo this Quarter doth

doth continue untill the 10 of March next following. This season is by nature cold and moist, unpleasant for the most part to travellers, either by land or sea, and unto aged persons, it is very combrous and noysome, causing superfluity of rawnesse and abundance of cold moistnesse to overflow their bodies, to their great troubles and disquietnesse.

The diseases or sicknesses will be such, as usually attend this quarter, as Coughs, hoarsnesse, Rhumes, Poles, Palsies, Gouts, Consumptions, wandring Fevers, Collicks, windines, & such like. The Lord of his infinit mercy, turn all evils away from us. Amen.

Thus will the Starres, if God assent,
Whose Power alone can all prevent.

Of the Spring.

The Sun (which is the eye of the world, the fountain of Light, & the chiefe moderator of all the rest of the Lights) hath like a Giant run his race, & finished his Revolution (Gradatim) throughout ♈ 12 Signes, and now beginneth his journey afresh again, & goeth an even course, & so becomes an indifferent Arbiter betweene the day & the night, & maketh an equality throughout his whole government, to the great joy & comfort of all his revived Subjects, cheering with his splendant countenance, ♈ poor afflicted weather-worne weeds of this our dark Starre of mortalitie (which the darkned countenance of Winters extremity had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing Livery of fresh Flora.

This season is by nature hot & moist, the most temperate time of all the yeere, & the least breeder of sicknesse ♈ doth procure death, & a very convenient time for the removing of sicknesses & griefs gotten before; and also to avoid & prevent those that are to come, for now the dull sences & spirits of man & other creatures,

cures, are quickned & revived, & therfore the humors which do abound, & are readiest to repelle nature, are fit to be emptied & avoided, whether by blood letting, purging, or otherwise, as the learned Physician shal advise, & as the cause of the disease shal require: such therfore as be diseased, let them not neglect this time. The griefs like to assault mens bodies this Spring, are supposed to be, many doubtfull Fevers, Byles, Tetters, Swellings, impostumes in the stomach, obstructions, pains of ỹ head, Plurisies, & other distemperatures, proceeding frō the corruption of ỹ blood.

Infections from the Starres may fall,
But one above doth stay them all.

Of Summer.

Summer, the third part of our vulgar yeere according to our usuall computation, now when the Sun hath fully determined the Spring time with his last grade of Gemini, & hath moved in his motion to the highest point of his course namely to ỹ first degree of Cancer, which shalbe this yere on the 11 of June. Now is the second Solstice of the yere, called the Estivall or Summer Solstice: for even as ỹ Sun, whē he entreth into Capricorn, hath his greatest South declination from ỹ Equinoctial Line; so now at his ingresse into the beginning of Cancer, he hath his greatest declination towards ỹ North frō ỹ said Equinoctiall Line: and even then, as at ỹ time of Winter Solstice, he was so far removed frō our Verticall point, that he could move no further towards ỹ South, & was therefore to approach againe towards our North Latitude, at which time he seemeth to stand; so now being come so neere our Zenith, he can remove no further towards the North, and is therefore to revert again to ỹ South Latitude. At the first going from us, he seemeth also to stand; insomuch, that even as before at his returne towards us againe, he made with us

the

the shortest day and longest night in the yeer; so now at his returne from us, he maketh with us contrary wise, the longest day and shortest night in the yeere; and afterwards declineth more and more from us, like as before he moved more towards us.

This season according to his proper nature, is hot and dry, turning the humours of mens bodies into hotnesse and drynesse, resembling the element of fire, and complexion of choler, bringing all Fruits to their ripenesse, Cattell to their fatnesse, and men to their wealth.

Infirmities incident to this Quarter are burning Fevers, Squinacies, Phrensies, Plurisies, heat in the face, Fluxes, Vomitings, and such diseases as proceed of the heat of blood and choler.

Though Starres incline to worke us ill,
All shall be as the Maker will.

Of Autumne.

Autumne, according to our accustomed computation, the last quarter of this yeere, beginneth at the Suns departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe Libra, the which will be this yeere on the 13 day of September, the day and night being of an equall length as in the Spring: At which time is the Autumnall equinoctiall, for as at the Suns entrance into Aries, the day by increasing from the winter Solsticetill then, came to be equall with the night, going on still more & more till the Summer Solstice, when was the longest day and shortest night; so now the night by increasing from the Estivall Solstice, to this the Suns ingredience into Libra, hath got to be equall with the day, and shall increase more and more till the Brumall Solstice come againe, when the night is longest and the day shortest.

This time of the yeere is of it selfe inconstant and variable,

bariable, warm in the day time, and cold in the night. This quarter because of the inequality of temperature, may as Hyppocrates sayth, be called the Nurse or mother of deadly sicknesses. And Galen sayth, that this time of the yeere is very dangerous for taking of sicknesses. Sundry sorts of sicknesses are threatned this quarter, as Dropsies, black Jaundice, Emrodes, Goutes, Falling sickness, wandring Fevers, wind Cholick, and many obstructions.

Thus every Planet in his kind,
Is to performe the Almightyes mind.

A Declaration of the inclination and disposition of the winds and weather, according to the severall motions and influences of the erraticall and fixed Starres, with the day, houre, and minute of the change of the Moon, her full and quarters: and also of the rising and setting of the Sun, in every 7 day of every moneth, of this present yeere of our Lord God, 1638.

Of January.

Day.	The Sun riseth	The Sun setteth
1	hou. 8. and 3 min.	hou. 3. and 57 min.
7	hou. 7 and 56 min.	hou. 4. and 4 min.
14	hou. 7. and 46 min.	hou. 4. and 14 min.
21	hou. 7. and 34 min.	hou. 4. and 26 min.
28	hou. 7. and 23 min.	hou. 4. and 37 min.

New Moon the 5 day 19 min. after 5 of the clocke in the morning, cloudy and cold.

First quarter the 13 day 25 min. after 5 of the clock in the morning, stormy windy weather.

Full Moon the 19 day 44 min. after 10 of the clock at night, fitting the season.

Last quarter the 28 day about 8 of the clocke at night, some snow or raine.

Januaries Abstract.

In this moneth, let not bloody, neither use but little

Physicke.

Physick, except necessity constrain thee, & beware a taking cold, for in this month rheumes & flegme do much increase: to fast long is hurtfull; but to drink white wine fasting, is very wholsome: use meates that are naturally hot moderately, & weare warm clothes.

In worldly busines this month, you may set al kinde of cõmon Fruit-trees or Plants, as Peares, Plum, Cherry, Filberd, Malnut, & such like; Hawthorne, & all sorts of Quicksets, Trees or Plants, are fittest to be generally set, from the change to ☽ first quarter.

Take away mosse & superfluous branches frõ your trees, & set Beanes, Pease, Parsnips, Radish, Leeks, Garlick, Turneps, & Onions, if the weather be mild & the ☽ past her full. You may begin to graft at ☽ end of this month, the ☽ increasing. Good husbands crop their trees, fell timber, & geld cattell, such as are to be gelded, the state of the ☽ alwayes considered.

Of February.

Day.	The Sun riseth	The Sun setteth.
1	hou. 7. and 13 min.	hou. 4. and 47 min.
7	hou. 7. and 4 min.	hou. 4. and 56 min.
14	hou. 6. and 50 min.	hou. 5. and 10 min.
21	hou. 6. and 34 min.	hou. 5. and 26 min.
28	hou. 6. and 22 min.	hou. 5. and 38 min.

New Moone the 4 day, 22 min. before one of the clock in the morning, inclined to moisture.

First quarter the 11 day, 6 min. after 5 of the clock at night, winterly weather.

Full Moone the 18 day, 53 min. after 8 of the clock in the morning, cloudy and windy.

Last quarter the 25 day, 16 min. after one of the clock in the afternoone, apt for the season.

Februaries Abstract.

In this month, all slimy fish, Milk, Rice, & such like, that oppilate or stop ☽ liver & veines, or chicken the blood, are to be eschewed as enemies to health: also forbear Physick & letting of blood, except necessity do urge, & learned counsell advise you; beware of taking

cold,

cold, for now are Agues apt to be taken, & it is very ill to take heats, & afterward sudden cold upon them.

Now is the most apt time to graft, plant, & set all kind of trees & bushes, the wind, weather, & age of the Moone considered. Pease, Beanes, Hastings, Onyons, Parsnips, and such like, as in Ianuary, may very fitly be set in the wane of the Moone. The time is now to trim up Gardens, to set and sowe all kind of kitchin herbs, to set Slips, sowe Kernels, Mustard-seed, Oates, set Hops, cut Vines, and prune them, stick up your Rouncivall Pease, and Hastings.

Of March

Day.	The Sun riseth	The Sun setteth
1	hou. 6. and 20 min.	hou. 5. and 40 min.
7	hou. 6. and 8 min.	hou. 5. and 52 min.
14	hou. 5. and 54 min.	hou. 6. and 6 min.
21	hou. 5. and 40 min.	hou. 6. and 20 min.
28	hou. 5. and 16 min.	hou. 6. and 44 min.

New Moon the 5 day, 37 min. after 5 of the clock at night, inclined to moisture.

First Quarter the 13 day, 50 min. after one of the clock in the morning, some storms to be expected.

Full Moon the 20 day, 15 min. after 7 of the clock at night, reasonable temperate.

Last quarter the 27 day, 13 min. after 8 of the clock in the morning, cloudy and cold.

Marches Abstract.

In this month, the humors of mans body begin to increase; & now grosse feeding breedeth grosse blood & grosse humors; & therfore use good meats of digestion & such as breed good juyce: it is a good time to purge and clarifie ỹ blood, by Potions, Bathings, & blood-letting, or such other wayes as the learned Physician shall appoint, & as the cause of ỹ disease shall require: also sweet meates and drinkes are commendable.

The time of grafting as yet indureth, together with setting, sowing, proining & plashing of Vines, Hops, Willow, Oats, Pease, Onions, Parsnips, & such like

Of

Of April.

Day.	The Sun riseth.	The Sunne setteth
1	hou. 5. and 18. min.	hou. 6. and 42. min.
7	hou. 5. and 6. min.	hou. 6. and 54. min.
14	hou. 4. and 54. min.	hou. 7. and 6. min.
21	hou. 4. and 39. min.	hou. 7. and 21. min.
28	hou. 4. and 29 min.	hou. 7. and 31. min.

New Moon the 4 day 37 min after 7 of the clocke in the morning, stormy and unconstant.

First quarter the 11 day 27 min. after 8 of the clock in the morning, windy and variable.

Full Moon the 18 day about 6 of the clock in the morning, some April showers.

Last quarter the 26 day, 7 min. after 3 of the clock in the morning, somewhat windy.

Aprils Abstract.

In this moneth of April, the pores of mans body are opened, and are apt to receive Physick; and they that refuse the same, I commit them to the benefit of Nature, for of all times of the yeere, this is the best time to prevent causes of sicknesses, or for speedy remedie in extremities, for now Nature doth renew strength through all the body: So where sicknesse happeneth, she soone unburdeneth by the meanes of Physicke: Wherefore, what it cannot doe now, will hardly be done hereafter, therefore take time now whilst time is, &c.

As yet you may graft, and prune Vines, and also set Melons, Cowcumbers, Citrons, Hartichokes, and pole Hops, sowe Barly, Tanners apply themselves to barking of Trees.

Of May.

May.	The Sun riseth	The Sunne setteth
1	hou. 4. and 23 min.	hou. 7. and 37. min.
7	hou. 4. and 15 min.	hou 7. and 45. min.
14	hou. 4. and 5. min.	hou. 7. and 55 min.
21	hou. 3. and 56 min.	hou. 8 and 6 min.
28	hou. 3. and 50 min.	hou. 8. and 10 min.

New

New Moone the 3. day, 48 min. after 6 of the clock in the afternoone, over-casting clouds.

First quarter the 10. day, 55 min. after one of the clock in the afternoone, pleasant-weather.

Full Moone the 17 day, 7 min. after 6. of the clock at night, faire and temperate.

Last quarter the 25. day, 25 min. after 8 of the clock at night, some over-casting clouds.

Mayes Abstract.

In this month rise early, for May doth not love any sluggards, and let such as be in health and able, walk into the fields, and eate and drink betimes is good & wholesome, abstaine from all meates that be of a hot nature; and such as be sicke, it is a very good time of the yeere to be let bloody, or to take Physick. Such as be whole, God keepe them in health, and such as be sicke, God send them good Physicians. The time is now fitting to sowe Bazill, Marterom, and such fine seedes, as before might not be sowne, because of the coldnesse of the weather; set Sage according to the Proverb, Set Sage in May, and it will last alway; sowe Flax and Hempe, set Artichokes, weede your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them. May Dew, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this moneth; and now also have a care of watching your Bees.

Of Iune.

Day.	The Sun riseth	The Sun setteth
1	hou. 3. and 49 min.	hou. 8. and 11 min.
7	hou. 3. and 46 min.	hou. 8. and 14 min.
14	hou. 3. and 47 min.	hou. 8. and 13 min.
21	hou. 3. and 49 min.	hou. 8. and 11 min.
28	hou. 3. and 52 min.	hou. 8. and 8 min.

New Moone the 2 day, 54 min. after 3 of the clock in the morning, faire and pleasant.

First quarter the 8 day, 35 min. after 7 of the clock at night, some ouer-casting clouds.

Full Moone the 16 day, 37 min. after 7 of the clock in the morning, windie and unconstant.

Last quarter the 24 day, 30 min. after 11 of the clock in the forenoone, some showers of raine.

Iunes Abstract.

In this month, if thou must needs use Physick, take it early in the morning, that it may have wrought before the heat of the day, and use a light and thin diet, for the stomach is not able to digest, as in Winter and some other former moneths: it is very good and convenient for some, to drinke clarified Whay, boyled with cold hearbs, and to abstain from violent exercise.

Distilling of Roses, making of Sirrups, and Conserves, are now in prime; now gather such hearbs as you meane to keepe all the yeere, but be sure you drie them well in the shade; good husbands and housewives are now weeding their Corne, and Gardens, and others shearing their sheepe; the time serves to set Rosemary and Gillowflowers; take heed of cutting either hedge, trees, or hearbs with knife, but rather gather them with your fingers; now you may set Saffron, carry out compost, make hay, rid Gardens of Snailes, Ants, or Pismires.

Of Iuly.

Day.	The Sun riseth	The Sun setteth
1	hou. 3. and 54 min.	hou. 8. and 6 min.
7	hou. 3. and 59 min.	hou. 8. and 1 min.
14	hou. 4. and 7 min.	hou. 7. and 53 min.
21	hou. 4. and 20 min.	hou. 7. and 40 min.
28	hou. 4. and 30 min.	hou. 7. and 30 min.

New

New Moone the firſt day, 45 min. after 11 of the clock in the forenoone, ſome heat drops.

Firſt quarter the 8 day, 38 min. after 2 of the clock in the morning, ſome ſhowers.

Full Moone the 15 day, 25 min. after 10 of the clock at night, ſomewhat ſeaſonable.

Laſt quarter the 23 day, about midnight, ſome ſtorme to be expected.

New Moone the 30 day, about 7 of the clock at night, apt for the time.

Julies Abſtract.

In this moneth uſe cold herbes and cold meats, abſtaine from Phyſicke, and now the Rivers are more wholſome than the Bathes; let the Sunne be up before you walke abroad. In the time of any Plague or peſtilence, keep your chamber windowes ſhut, opening them when the Sun hath force of ſhining, and be ſure to perfume your Chambers every Morning with Tarre, put on a Chaſingdish of Coales, than which nothing is better, and uſe Carduus Benedictus boyled, and drunke faſting.

Hay-Harveſt now calleth ſlack huſbands to worke, and ſuch as have leiſure, it is good to fallow for Wheat, and to carry out ſoyle, and to gather ſeeds and flowers, to keepe all the yeere, and to dry them in the ſhade till they be almoſt dry, & then ſet them a while in the Sun, and in like manner may you uſe your herbs.

Of Auguſt.

Day.	The Sun riſeth	The Sun ſetteth.
1	hou. 4. and 36 min.	hou. 7. and 24 min.
7	hou. 4. and 48 min.	hou. 7. and 12 min.
14	hou. 5. and 0 min.	hou. 7. and 0 min.
21	hou. 5. and 16 min.	hou. 6. and 44 min.
28	hou. 5. and 27 min.	hou. 6. and 33 min.

First Quarter the 6 day 20 min. after high noon, inclined to moysture.

Full Moon the 14 day 20 min. after 2 of the clocke in the afternoone, seasonable and temperate.

Last Quarter the 22 day 48 min. after 10 of the clocke in the forenoone, somewhat windy.

New Moon the 29 day 34 min. after 2 of the clock in the morning, fitting the time.

Augusts Abstract.

In August, moderate dyet is good Physicke, for now it is very dangerous to surfeit and to take heed of heates, and then of colds, for nothing sooner ingendereth Plurisies. And use not to sleep much, and especially after noon, for making oppilations, and for avoiding of Agues, and the head-ach, and catharres. And now let a man abstain from Physick, except great necessity doe compell. Now Lady Ceres lookes to have men enow to tend her. They that would have good Seeds for their Garden the next yeere, must now gather of their owne, lest in buying they lose their labour and their money. And such as desire to have Lettice, or other herbes for winter, may sowe Seeds in the increase of the D.

Of September.

Day.	The Sun riseth	The Sun setteth.
1	hou. 5. and 34 min.	hou. 6. and 26. min.
7	hou. 5. and 46 min.	hou. 6. and 14 min.
14	hou. 6. and 2 min.	hou. 5. and 58 min.
21	hou. 6. and 14. min.	hou 5. and 46 min.
28	hou. 6. and 28. min.	hou. 5. and 32 min.

First Quarter the 5 day about 2 of the clock in the morning, answering the season.

Full Moon the 13 day 18 min. after 6 of the clock in the morning, faire and dry.

Last

Laſt quarter the 20 day, 52 min. after 7 of the clock at night, ſome fall of moiſture.

New Moon the 27 day, 24 min. after 11 of the clock in the forenoone, reaſonable good weather.

Septembers Abſtract.

In this moneth, ſuch as have need may ſafely take Phyſicke, and alſo may Bath and Bleed. In this moneth, all things are in their proper nature and vertue, and ſuch fruits as are ripe and not infected, are good to eate, for ſuch as have good ſtomackes. The time is good to make conſerve of Barberies, & Quinces; Winter hearbs muſt now be ſowne; likewiſe is the time to ſet Hartichokes, Roſe Trees, Apple trees, Peares, Mardens, Strawberies, Violets, Gilloflowers; Apples are to be gathered at the full of the Moone: ſowe Parſnips, and in dry weather gather your Hoppes; good Husbandry, is ſowing of Rye, and Wheat; good Huſwifery, is making of Verjuice, and plucking of Hempe.

Of October.

Day.	The Sun riſeth	The Sun ſetteth
1	hou. 6. and 34 min.	hou. 5. and 26 min.
7	hou. 6. and 40 min.	hou. 5. and 14 min.
14	hou. 7. and 0 min.	hou. 5. and 0 min.
21	hou. 7. and 15 min.	hou. 4. and 45 min.
28	hou. 7. and 26 min.	hou. 4. and 34 min.

First quarter the 4 day, 19 min. after 7 of the clock at night cloſe cloudy weather.

Full Moone the 12 day, 54 min. after 9 of the clock at night, ſtormy and unconſtant.

Laſt quarter the 20 day, about 4 of the clock in the morning, winterly weather.

New Moone the 26 day, 40 min. after 10 of the clock at night, over-caſting clouds for moiſture.

Octobers Abstract.

In this moneth thou mayst take Phylicke, and also hath it occasion serve; use hot meates & drinks, and use good wholsome wines, to nourish good blood. And beware of taking cold, because the Quartaine Ague will be apt to be taken, & such other ill diseases. Remove young Trees, as Apples, Pears, Quinces, Roses, &c. set Peale, Parsnips, &c. Good Husbands need not be hasted to sowing of Wheat, set Nuts, Acornes, and Filberds, and doing of such good Husbandry.

Of November.

Day.	The Sun riseth	The Sun setteth
1	hou. 7. and 33 min.	hou. 4. and 27 min.
7	hou. 7. and 42 min.	hou. 4. and 18 min.
14	hou. 7. and 52 min.	hou. 4. and 8 min.
21	hou. 8. and 3 min.	hou. 3. and 57 min.
28	hou. 8. and 9 min.	hou. 3. and 51 min.

First quarter the 3 day, 43 min. after 3 of the clock in the afternoone, frosty and cold.

Full Moone the 11 day, 51 min. after high noone, cold and cloudie.

Last quarter the 18 day, 42 min. after 11 of the clock in the forenoone, fitting the season.

New Moone the 25 day, 44 min. after high noone, some fall of moysture.

Novembers Abstract.

In November, finish the Phylick that ye meane to take, and so rest till March, except some great necessitie doe constraine you; use good meates and wholesome Wine, to nourish thy blood, provide thee warme clothing, goe dry on thy feet, or else make sure account of Rheume and Pose, besides some other inconvenience that will ensue. Beware of the Hothouse this moneth, and use Betony and Cinamon, in drinke.

In

In the New of the Moone, you may remove young Trees, as the last moneth, and set Crab-tree stocks, to graft on, when you please. It is good time, in the wane of the Moone, to set Peale, Beanes; and if the weather be not too hard, it is good sowing of Parsnips, good making of Mault, and killing of Beeves, and Swine.

Of December.

Day.	The Sun riseth	The Sun setteth
1	hou. 8. and 12 min.	hou. 3. and 48 min.
7	hou. 8. and 14 min.	hou. 3. and 46 min.
14	hou. 8. and 15 min.	hou. 3. and 45 min.
21	hou. 8. and 12 min.	hou. 3. and 48 min.
28	hou. 8. and 7 min.	hou. 3. and 53 min.

First quarter the 3 day, 16 min. after one of the cloche in the afternoone, ouer-casting clouds.

Full Moone the 11 day, 30 min. after two of the cloche in the morning, moist unconstant weather.

Last quarter the 17 day, about 8 of the cloche at night, frosty and cold.

New Moone the 25 day, 38 min. after 5 of the cloche in the morning, winterly weather.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, and eate such meates as be of a hot qualitie; abstaine from Physicke, and let thy Kitchen be thy Apothecary, warme clothing thy Nurse, merry company thy keepers, and good Hospitalitie thy exercise.

Remove Trees and Bushes, if the weather prove not too extreme. In the wane of the Moone, set Beanes, Peale, and those hearbs that cannot endure the cold, cover them with straw, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.

An Abſtract of a direction, concerning *Reall Contracts*.

WHoſoever ſhall deſire to purchaſe, or put to Sale; to take in Leaſe, or let to Farme, to Grant, Aſſigne, Exchange, or otherwiſe to Contract, or deale, with or for any Lands, Leaſes, Rents, Annuities, Manſion-houſes, Offices ſaleable, or other Eſtates, of what yeerely value ſoever, or to ſave any ſuch from danger of Forfeiture, through the want of preſent money: May either in their owne names, or in the name of any other truſted by them, have ſecure meanes, with all privacie requiſite, for the ſpeedy effecting what ſhall be deſired in any the Caſes aforeſaid, or the like: At the Porch-houſe againſt St. *Andrewes* Church in Holborne, *London*.

God ſave our gracious King CHARLES,